

Lent

What is Lent and why do we celebrate it?

Lent is the period of 40 days which comes before Easter in the Christian calendar. Beginning on Ash Wednesday, **Lent** is a season of reflection and preparation before the **celebrations** of Easter. By observing the 40 days of **Lent**, Christians replicate Jesus Christ's sacrifice and withdrawal into the desert for 40 days.

Lent concludes Maundy Thursday :-

The sixth **Sunday** in **Lent**, commonly called **Palm Sunday**, marks the beginning of Holy Week, the final week of **Lent** immediately preceding Easter. ... Thursday of Holy Week is known as Maundy Thursday or Holy Thursday, and is a day Christians commemorate the Last Supper shared by Christ with his disciples.

