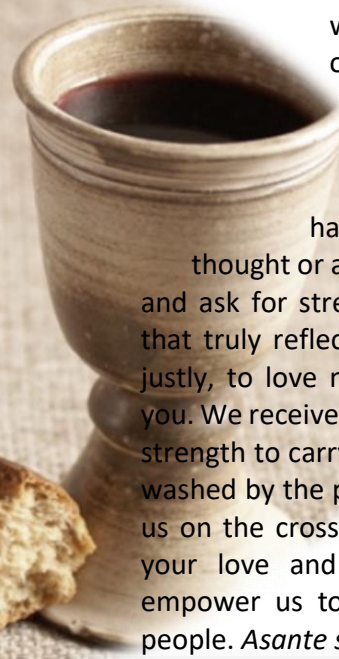


Zoom Communion Service



St Nicholas Church, Sighthill

28th June 2020



for His help and strength to serve Him, His people and creation well, with and through the power of the Holy Spirit.

Let us pray,

Father God, where or when we have failed you and others in word, thought or actions, we seek your forgiveness and ask for strength to live better lives – lives that truly reflect you to others. Help us to act justly, to love mercy and to walk humbly with you. We receive your forgiveness for our sins and strength to carry on. We rejoice because we are washed by the precious blood your son shed for us on the cross at Calvary. We are grateful for your love and for the way you guide and empower us to love and serve you and your people. *Asante sana* (thank you), Amen.

The Lord's Prayer

Our Father which art in heaven, Hallowed be thy name.
Thy kingdom come, Thy will be done on earth, as it is in heaven.
Give us this day our daily bread.
And forgive us our debts, as we forgive our debtors.
And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen.
Matthew 6: 9-13 (NKJV)

Jesus said, 'Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, yet they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.' (John 6:47-51)

We are the people of God. We are the body of Christ. We are scattered, and the body of Christ is broken, but as we gather, the body of Christ is re-membered. Together we gather in obedience to Jesus' command, to remember, and to share together in breaking bread and drinking wine, in remembrance of the death of Christ. Each piece of bread that we eat was once scattered across the fields, and the grain that God gave to grow has become for us the bread of life. Each sip of wine that we drink was once many vines, and the grapes that God gave to grow have become for us the new wine of God's kingdom. In our communion with one another, we are fed with the bread of heaven that sustains us, and we drink the wine of gladness that brings us joy.

The people of Israel were sustained by God through their years of wilderness wandering: 'The Israelites ate manna

God is good, all the time

**Song: St Nicholas Church, Sighthill Navigators sing
'On this lovely summer's day'**

<https://www.youtube.com/watch?v=uoQ9plV9U0c>

Communion Song: Behold the Lamb

<https://www.youtube.com/watch?v=aecG01Ky9wE>

Sharing communion whilst scattered

Invitation and prayer

Welcome to our first communion service, in your home. We hope that as you participate in it, you have a real sense of the presence of God, as we remember His death and resurrection – in bread and in wine. As we come to this table, let's be quiet for a moment and prepare our hearts.

(Moment of silence)

Rev 3:20 says, 'Listen, I am standing at the door knocking. If you hear my voice and open the door, I will come in and eat with you and you with me. This meal is not my idea or that of the church. It was initiated by Jesus Christ Himself. It is for all who love Jesus or for all who want to love Him more.

So, come if you have much or if you have little. Come, if your faith is strong or if, especially during this time, you feel your faith is weak. Come, if you have been here often, or if you have not been here for a long time. Come, if you have tried to follow Jesus, and come if you feel you have failed. Come, not because it is your minister or friend that invites you to this table, but because Jesus Himself invites you. It is His will that those who seek Him should find Him here.

We come to this, the Lord's table, bringing ourselves, families, friends, communities, hopes, pain, failings, frustrations and struggles to God in a silent prayer. We come to God, asking for His forgiveness where we have failed Him our family and friends. We come to God asking

for forty years, until they came to a habitable land; they ate manna, until they came to the border of the land of Canaan.' (Exodus 16.35) '[God] rained down on them manna to eat and gave them the grain of heaven.' (Psalm 78.24). And we too are God's people, sustained by God through the wilderness of this world. Jesus said to His disciples: 'Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'

Then Jesus said to them, "very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to Him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. "' (John 6.31-35)

On the night of His arrest, Jesus took bread, and after He had given thanks, He broke it and said, 'This is my body. It is for you'. Do this to remember me.' In the same way, after the supper He took the cup and said, 'This cup is God's new covenant, sealed with my blood. Drink from it, all of you, to remember me'. So now, following Jesus' example and command, we take this bread and this wine, the ordinary things of the world which Christ will make special. And as he said a prayer before sharing, let us do so too.

God of all those who are scattered and broken, you call us to wholeness. We thank you for the love demonstrated in giving your son, that we might be united with you. We thank you that in Christ you enter into the pain, uncertainty, and fear of our world; and that your arms are open in loving embrace, gathering us to you as a mother hen gathers her brood under her wing, as a shepherd gathers his flock. We thank you for bread and wine, symbols and signs for us today, of your faithfulness to your people through all generations. Amen.

Let us share in bread together.

'Jesus said this is my body broken for you. **I now invite you where you are to break, share or eat bread (or what ever you've got to hand. Eat recognising that Jesus, the Saviour of the world died for you, His body so that you might know freedom, healing and peace in your life.**

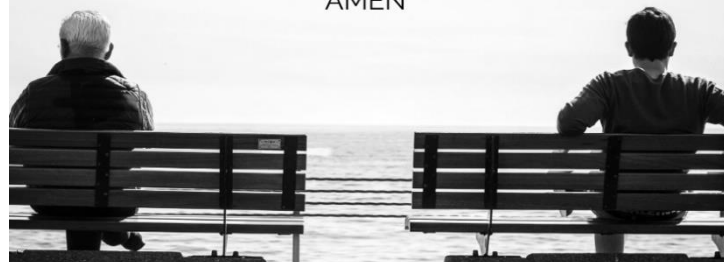
Let us share in wine together

After supper Jesus took the cup 'This cup is the new covenant in my blood', He said. **We remember that Jesus will come again. And so, as we drink together now, where you are – where I am, we remember that Jesus is alive and the hope that we have is that He will come again. Our hearts cry is Maranatha! Come Lord, back to this needy world. And so, together, we drink.**

Prayer after communion and prayers for others

We give thanks, loving God, that you have refreshed us at your table. Strengthen our faith; increase our love for one another. As we have been fed by the seed that became grain, and then became bread, may we go out into the world to plant seeds of justice, transformation, and hope. From where you are to where you need us, **Jesus, now lead on.** From the security of what we know to the adventure you will reveal to us, **Jesus, now lead on.** To refashion the fabric of this world until it resembles the shape of your Kingdom, **Jesus, now lead on.** From the known to the unknown, from the normal to the new normal – **Jesus, now lead on.**

We pray for those who care for others,
for family and friends tending their loved ones,
for NHS staff as they go about their jobs,
and for strangers who help in times of need.
AMEN



Adapted largely from: https://www.baptist.org.uk/Articles/572326/Virtual_Communion.aspx
and <https://www.facebook.com/churchofscotland/>

Sharing peace

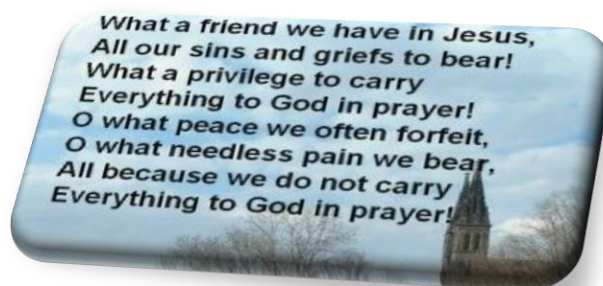
We cannot share the peace of Christ together as we do during our gathered Holy Communion service. **But maybe where you are you are, you might choose to pray a blessing of peace over those whom you know and love – those in your church family that you can't be amongst or those that are your friends and family around and about you – that they might know God's peace.**



The peace of Christ be with you. Let share peace or ask God to bless our family and friends with His peace.

Closing Song: 'What a friend we have in Jesus'

<https://www.youtube.com/watch?v=CdD-wMyPIdQ>



Final blessings

May the grace of the Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with us all now and forever, Amen

God is good, all the time...