

Fearless

IMAGINE YOUR LIFE

WITHOUT FEAR



Woe, Be Gone - Fear of Running Out

FEAR

Fear (in 2014) of running out of chocolate

<https://www.youtube.com/watch?v=ktGapPCaezc&t=24s>

Call to worship

Calm me, Lord, as you
calmed the storm; still me,
Lord, keep me from harm.

Let all the tumult within
me cease, enfold me, Lord,
in your peace.

Calm me, Lord, as you
calmed the storm; still me,
Lord, keep me from harm.

Let all the tumult within
me cease, Lord, enfold me
in your peace.

UNKNOWN

Opening Prayer;

Lord God, You are the strength of our life; You are our rock, our fortress and protector; therefore, what or whom shall we fear? You are our shield, our strong-tower and our stronghold. You are worthy to be praised. We thank you for being our strength and our God; God in whom we trust.

Today, we come before You to lay our panic and anxiety at Your feet. When we are crushed by our fears and worries, remind us of

Your power and Your grace. Fill us with Your peace as we trust in You and You alone. Help us to stand before all that we could do and seek what you would do, and do that. Lift from us our need to achieve all that we can be and instead, surrender to what you can be in us.

Give us ways to refrain from the busyness that will put us on edge and off centre, give us today your peace. Grant us peace of mind and calm our troubled heart. Our souls are often like a turbulent sea. We can't seem to find balance so we stumble and worry constantly. Give us the strength and clarity of mind to find our purpose and walk the path you've laid out for us. We trust your Love God, and know that you will take away our fears and heal our anxieties and stress. Just as the sun rises each day against the dark of night, please bring us clarity - with your light shining brightly in us and through us. In Jesus' name, Amen.

The Lord's Prayer

*Our Father, who art in heaven,
Hallowed be thy name.*

*Thy kingdom come,
Thy will be done on earth, as it is in
heaven.*

*Give us this day our daily bread.
And forgive us our debts, as we forgive
our debtors.*

*And lead us not into temptation, but
deliver us from evil:*

*For thine is the kingdom, and the
power, and the glory, forever.*

Amen.

Bible Reading: Habakkuk 3:16 -19

'I heard and my inward parts trembled, at the sound my lips quivered. Decay enters my bones, and in my place I tremble. Because I must wait quietly for the day of distress, for the people to arise who will invade us. Though the fig tree should not blossom and there be no fruit on the vines. Though the yield of the olive should fail and the fields produce no food. Though the flock should be cut off from the fold and there be no cattle in the stalls, yet I will exult in the Lord. I will rejoice in the God of my salvation. The Lord God is my strength and He has made my feet like hinds' feet, and makes me walk on my high places

Song: Fear is a Liar by Zach Williams

<https://www.youtube.com/watch?v=sQTnREEtUNk>

Reflection

Prayer for ourselves and others

Lord God, we pray for the strength to be thankful for today and to enjoy the now in the midst of challenges. Lord, help us to focus on what the Holy Spirit is doing in our lives. We are not alone in our fight against all forms of fear. The Holy Spirit and your angels stand with us, around us and in us.

Thank you, Lord, for the "one-step victories" in our lives, not perfect obedience, not perfect performance, not human perfect peace, not our righteousness - but the righteousness by faith in Jesus and His grace. We thank you, Jesus, that you make allowance for our weaknesses, failures, sins, doubts, unbelief, and when fear controls our thoughts and actions. Help us to reject arguing or debating with the devil, with our flesh, and our guilty conscience and fall upon the love, grace, mercy, peace, and the righteousness of Jesus who is our shield and redeemer. Thank you, Lord, for helping us overcome and deliver us from our fears of the known and the unknown.

Lord Jesus, we know that worrying gets us nowhere. Yet we still allow worry and anxiety to consume us. In times such as these, Lord, we ask you to grant us a great amount of strength, faith, and courage to fight off the doubt and fear within our minds. Faith casts out fear while fear casts out faith. We pray for all those whose lives have been turned upside down by political and economic upheaval, especially Kazakhstan and Haiti. We pray for the people of the Ukraine and the people of Russia; for their countries and their leaders. We pray for all those

who are afraid; that your everlasting arms hold them in this time of great fear. We pray for all those who have the power over life and death; that they will choose for all people life, and life in all its fullness. We pray for those who choose war; that they will remember that you direct your people to turn our swords into ploughshares and seek for peace. We pray for leaders on the world stage; that they are inspired by the wisdom and courage of Christ. Above all, Lord, today we pray for peace for Ukraine.

Lord God, when we feel crushed by our own fears and worries, lift our minds and help us to see the truth. When fear grips us tight and we feel we cannot move, free our heart and help us to take things one step at a time. When we cannot express the turmoil inside, calm us with Your quiet words of love. We choose to trust in You, each day, each hour, each moment of our lives. We know deep down that we are in Your grace, forgiven, restored by Your sacrifice. You have set us all free. In Jesus' name, Amen.

Hymn: At the Cross (Video)

<https://www.youtube.com/watch?v=WmXLJGmTLV8>

Benediction

Leader: Go out, among the outcast and the grieving, and speak the word of life and hope. Do not fear, but trust in God's word. Watch for the Lord with eager expectation, and be generous with all God has given you. And may God respond to your every cry with mercy; may Christ Jesus take you by the hand and lift you to life; and may the Holy Spirit build you up in faith, in speech, in knowledge, in passion and in love.

All: We go in peace to love and serve the Lord, in the name of Christ.

And may the grace the of Lord, Jesus...



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